

17955 Leslie Street
Newmarket, Ontario
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PH: 905-853-5009
FAX: 905-853-9391

EMAIL:
st.elizabethseton@rogers.com

Website:
stelizabethsetonne.archtoronto.org

Mass Times:

Weekend Mass Schedule:

Saturday: 4:30pm
Sunday: 9:00am & 11:00am
All will be lived streamed.

Weekday Mass Schedule:

Monday to Thursday: 10:00am
All Masses are live-streamed

*Polish Mass: 5:00pm on the last Sunday
of each month except July & August

St. Vincent de Paul Society:

905-898-4264
Website: sjcses.blogspot.com

Catholic Community Services

of York Region: 905-770-7040

Catholic Cemeteries: 905-889-7467

St. John's Cemetery
905-898-4137 ext. 207

New Parishioner?

Welcome to St. Elizabeth Seton!

If you would like to register, forms are available
at the church entrance or the parish office.

Parishioners with a change of
address, please inform the Parish office.

Envelopes may also be
acquired at the office.

Please introduce yourself to
Fr. Roy Roberts after Mass



Parish Schools

Good Shepherd School

905-895-0303

St. Elizabeth Seton School

905-853-0340

Our Lady of Good Counsel

905-478-4242

Sacred Heart High School

905-895-3340

St. Elizabeth Seton Parish

Palm Sunday
March 24, 2024



Pastoral Team

Fr. Roy Roberts, Pastor
Deacon Marian Pawlitzko
Deacon Stephen Pitre

Parish Staff

Parish Administrator ~ Ann Lynch
Sacramental Coordinator
Baptisms, First Communions & Confirmations ~ Jennifer McAvoy
Rectory Administrator—Nancy Rojas

Regular Office Hours

Monday to Thursday 9am to 4pm
Friday 9am to 1pm



Sacrament of Reconciliation:

Saturday ~ 3:00 - 3:30 pm
Or By Appointment

Sacrament of Baptism or Marriage: Please contact the office.

For those interested in the Rite of Christian Initiation of Adults &
Children of Catechetical age please contact Fr. Roy Roberts

**"Cheerfulness prepares a glorious mind
for all the noblest acts."**

St. Elizabeth Seton

Mass Intentions

Monday March 25th

10am: **Ross Price Sr.**
Req. by: Frank Shrubsole

Tuesday March 26th

10am: **Gerry Sherrer**
Req. by: Josie & Tom Deehan

Wednesday March 27th

10am: **Bill McDonald**
Req. by: Linda McDonald

Thursday March 28th

10am: **Ralph Berney**
Req. by: Kim Flemming



Your Cancelled Stamps are Valuable

Your cancelled stamps can make a difference. Christmas cards may soon be arriving! Please donate your stamps in the box located in the foyer of the church or by dropping them by the parish office. The money raised from the sale of the postage stamps goes to the Canadian Food for Children Mission Fund.

Ukrainian Relief Fund:

In addition to praying for the situation, parishioners can contribute to the Ukrainian Relief Fund, which the Archdiocese has established to help suffering Ukrainians.

Parishioner are able to contribute online by going to: www.archtoronto.org/en/contact-us/donations/donate-pages/donate-to-humanitarian-relief/



St. Vincent de Paul

You can donate online to the Newmarket conference at:

<https://sjcses.blogspot.com/p/donate.html>

Parish Giving

March 17, 2024

| | |
|-------------------|-------------|
| Offertory | \$10,684.35 |
| SES Building | \$ 125.00 |
| ShareLife to date | \$ 8,000.00 |

Month of March PAG (Pre-authorized Giving)

| | |
|-------------------|------------|
| Sunday Offertory | \$3,959.72 |
| SES Building Fund | \$ 400.00 |
| ShareLife | \$ 272.00 |

Ruminations

It was a day of reckoning of sorts. Kind of a day I had been waiting for with a bit of excitement and a bit of trepidation. It was time for my appointment with my diabetes doctor. Now over the years, I have been told more often than not that I am too sweet. Not a good thing for a diabetic. The last conversation we had was back in September when a whole new drug regimen was designed. Shortly after that is when I got serious about trying to drop a few pounds, well maybe more than just a few. That started just before Thanksgiving and within a couple of weeks, I was having extremely good blood sugar readings. That combined with the new medications, I started getting readings which were too low. Likely most people are not up on the current diabetes protocols. A normal body runs blood sugar levels between 4 – 6. Maybe after a big meal or lots of carbs like pasta, the sugar levels might spike above that, but after two hours they should return to the normal range. Above 4 as a resting measure is not good but sinking below the 4 range can be dangerous. As excited as I was having readings in the normal range, the below 4 levels were disconcerting, so I started weaning myself off some of the medications to the point where I was off them totally and still having 'normal' or acceptable readings. There are two different measurements that diabetics track. The first one is the daily sugar levels, which depending on the circumstances, can be taken several times. The more telling measurement is tracked with blood work, called the A1C. This is a three month average. A normal range should fall between the 4 – 6 level. My highest average was over 9. Back in September I had brought it down to mid 7's, so this Spring appointment was kind of a happy event. A couple of things about this blood work was exciting. It started with the nurse hitting my vein on the first try. That in itself was a happy event. There have been times when I was jabbed and poked on both arms trying to find a vein leaving bruises and bandages up and down the arms, so one shot needle was welcomed, and I whole-heartedly attribute that to the weight drop. By the end of that night I was able to go on line and get the results of the blood sugar. I was ecstatic to see the A1C result – 6.1, so close to normal. So my phone appointment began with questions about how my medications are going. I informed the doctor that I hadn't had any medications since October. She was surprised in a good way. I explained what I had been doing – no carbs or fruit for almost six months. I confessed that the blood sugar levels have increased a bit but still not high. WE chatted about a go forward plan because come Easter Sunday, I am starting to re-introduce some of those foods, very deliberately and very cautiously, starting with my most wonderful Easter meal – pizza. The doctor said that it was a great result, but go cautiously. And best of all, she is 'rooting' for me. It was a resurrection of sorts.



Fr. Roy

Announcements and Events...

Thank You! Thank You! Thank You! CWG News

The Catholic Women's Guild would like to express our deepest gratitude to our wonderful Parish community for the yummy baked goods received and incredible support during our CWG Pie Sales last weekend! The proceeds from the Pie Sale will help with our ongoing commitment to the Society of St. Vincent de Paul. Together, we are spreading love and compassion to those in need and your generosity is making a meaningful difference and we appreciate your continued support.




Holy Week Schedule

Passion Sunday (Palm Sunday)

Saturday March 23, 2024 - 4:30 p.m.
Sunday March 24, 2024 - 9:00 am, 11:00 am

Sacred Triduum

Holy Thursday, March 28th

Mass of the Lord's Supper - 7:30 pm

Good Friday, March 29th

Veneration of the Cross 11:00 am, 3:00 pm.

Holy Saturday, March 30th - 10:00 am

Office of the Readings & the Blessing of Easter Baskets (English)

11:00am - Blessing of Easter Baskets (Polish)

Great Easter Vigil - Saturday March 30th at 8:00 pm
please note that this celebration will be about 2 1/2 hours long.

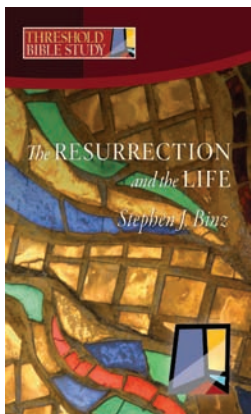
Easter Sunday, March 31st, 9:00 am & 11:00 am

Lent Evening Prayer
Sunday evenings starting at 7:00 pm, we will celebrate Evening Prayer or Vespers in the style of Taizé. This is a very reflective and meditative preparation for Easter. Please join us.




New Bible Study Session Beginning

Starting on Thursday April 04, the Bible Study will be investigating 'The Resurrection and the Life; from the Threshold Bible Study program. We will go until May 09.



If you are interested in journeying through the Mystery and significance of the Resurrection, join us for some wonderful discussion and growth. Please contact the Office if you are interested and we will put you in contact with the Bible Study leaders.



Welcome Jesus into your hearts by sharing your blessings today

Today is Palm Sunday, a time in our Lenten journey when we are reminded of the importance of welcoming Jesus in our hearts. In the spirit of His teachings and example, let us extend our hands to those who need our help the most.

Please give at the parish using a ShareLife envelope, online through our parish website, or at sharelife.org/donate.

Thank you for living the Gospel by opening your hearts and sharing your blessings.

Let us pray for the sick...

Alana Brown-Wallace
Betty Loft
Bruce Firth
Kathleen Todesco
Joshua Perek
Donna Stea-Cutting
Andy Dube
Elizabeth Ryan
Matteo Savella
Jackson Rowan
Carmen Baldacchino
Mervin Correa
Leo Cadia Vaz
Orsola Accardi
Aria Crang
Andy Waldherr

E. Turnbull
Paul Jennas
Rose Marie Scott
Wanda Tolazzi
Sean Coen
Chad Buckley
Ana Aparicio
Jake Tallon
Victor Dumas
Trice Hawkins
Carole Carter
Lawrence Cooper
Candice Cusinan
Cheryl Tuck
Stephen Murphy
Sarah Kraft
Marian Kulmatytskyi

Laura Rostron
Albina Barber
Santiago Garcia
Hallie Lynn
Morgan Leung
Antonia Fabrizi
Theresa Wharton
Zeny Jose
Tammy Elkie
Marcus D'Mello
Lisa Stokl
Jeanette Barbosa
Daniel Juresic
Bernal Gutierrez
Tessa Stone
Tom Sagar
Jason Fonceca



SPAGHETTI DINNER

Saturday, April 20, 2024

Doors open at 5:00 PM

DINNER SERVED: 6:00 PM

COST: \$12 for adults

\$5 for children 7 and under



**All tickets must
be purchased
ahead of time:**

* After each Mass on April 6-7 and 13-14

* Visit, call or email the Parish Office

>>> 905-853-5009

>>> st.elizabethseton@rogers.com

*** All tickets must be
purchased/reserved by
THURSDAY APRIL 18th**

**Proceeds to support our
CWG Bursary Fund**

HOLY WEEK

We enter into Holy Week with a Grand Entrance. Beginning with a Gospel account of Jesus' triumphant reception as he entered into Jerusalem, the Church enters into this holiest time of our Church calendar. Palm Sunday, or more appropriately Passion Sunday, each year we recount the unfolding of the suffering and death of Jesus based on the Gospels of Mark, Matthew and Luke on a yearly rotation. John's passion narrative is reserved for Good Friday.

Holy Week is also the time for the yearly Mass of the Sacred Chrism. Traditionally this was held on the Thursday morning of Holy Week. That is why there is no prescribed Mass on Thursday mornings. In many dioceses around the world, this special Mass where the new oils used by the Church are blessed, the oil of the sick and the oil of the catechumens, and the sacred Chrism is consecrated. It is also the renewal of the priests assembled together with the bishop. In our Archdiocese, this special celebration is anticipated on the Tuesday morning of Holy week.

Lent ends with the setting of the sun on Holy Thursday evening, in Newmarket at 7:41 pm or the beginning of the Mass of the Lord's Supper at 7:30 pm. With our Lenten journey complete, the Church enters into the Sacred Triduum (the Holy Three Days). During these days no funerals or weddings or confirmations or first communions or baptisms are permitted. Starting with the Mass of the Lord's Supper, replete with the washing of the feet as an optional ritual, the Church begins its journey to the celebration of the Resurrection. This feast celebrates the institution of the Eucharist. It does not end with the traditional dismissal, well, because it doesn't end. The Church keeps watch and gathers once again on Good Friday for the Veneration of the Cross, which is an extension of the Mass the evening before. With John's account of the Passion recounted, the Church venerates the Cross acknowledging that Christ has conquered all sin, past, present and future. The Church departs in silence for sober reflection the meaning of this Paschal Mystery in our lives and we await the celebration of the 'Mother of All Liturgies' (St. Augustine) the Great Easter Vigil.

Before that celebration though, the Church prepares those adults who have been journeying in the RCIA for their full initiation at the Vigil. They are anointed with the Oil of the Catechumens, freshly blessed by the Bishop earlier in the week. Some traditions have a blessing of Easter baskets, filled with all the delicious and delectable foods with which the family will 'break the fast' on Easter morning, meats, eggs, breads are just some of the items. This is a wonderful tradition that the whole Church should partake of because it really speaks of a Kingdom meal.

At the Vigil, started once the sun has gone down (7:43 pm in Newmarket) the community gather outside before the Easter fire where the new Easter Candle or Paschal Candle is lit. The history of salvation is traced through the Scriptures culminating in the Resurrection story. The RCIA are initiated and the rest of us renew our own baptisms. We have entered officially into Easter and for 8 days or an Octave we celebrate Easter morning, and for 50 days, we celebrate the great festival of Easter, until it ends on the 50th day, Pentecost.

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