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FAX: 905-853-9391

EMAIL:

st.elizabethseton@rogers.com

Website:

www.stelizabethsetonparishne@  
archtoronto.org

Mass Times:

Weekend Mass Schedule:

Saturday: 4:30pm

Sunday: 9:00am & 11:00am

All will be lived streamed.

Weekday Mass Schedule:

Monday to Thursday: 10:00am

All Masses are live-streamed

\*Polish Mass: 5:00pm on the last Sunday  
of each month except July & August

St. Vincent de Paul Society:

905-898-4264

Website: sjcses.blogspot.com

Catholic Community Services

of York Region: 905-770-7040

Catholic Cemeteries: 905-889-7467

St. John's Cemetery  
905-898-4137 ext. 207

New Parishioner?

Welcome to St. Elizabeth Seton!

If you would like to register, forms are available  
at the church entrance or the parish office.

Parishioners with a change of  
address, please inform the Parish office.

Envelopes may also be  
acquired at the office.

Please introduce yourself to  
Fr. Roy Roberts after Mass



Parish Schools

Good Shepherd School

905-895-0303

St. Elizabeth Seton School

905-853-0340

Our Lady of Good Counsel

905-478-4242

Sacred Heart High School

905-895-3340

# St. Elizabeth Seton Parish

Third Sunday of Advent  
December 17, 2023



## Pastoral Team

Fr. Roy Roberts, Pastor

Deacon Marian Pawlitzko

Deacon Stephen Pitre

## Parish Staff

Parish Administrator ~ Ann Lynch

Sacramental Coordinator

Baptisms, First Communions & Confirmations ~ Jennifer McAvoy

Rectory Administrator—Nancy Rojas

## Regular Office Hours

Monday to Thursday 9am to 4pm

Friday 9am to 1pm



## Sacrament of Reconciliation:

Saturday ~ 3:00 - 3:30 pm

Or By Appointment

Sacrament of Baptism or Marriage: Please contact the office.

For those interested in the Rite of Christian Initiation of Adults &  
Children of Catechetical age please contact Fr. Roy Roberts

*"Cheerfulness prepares a glorious mind  
for all the noblest acts."*

St. Elizabeth Seton

## Mass Intentions

### Monday December 18th

10am: **Tom Wood**  
Req. by: Helen Bromley

### Tuesday December 19th

10am: **Robert Dove**  
Req. by: Al & Theresa

### Wednesday December 20th

10am: **Ivan Czupak**  
Req. by: Cupe 1571

### Thursday December 21st

10am: **Roberto Otero**  
Req. by: Cupe 1571



### Your Cancelled Stamps are Valuable

Your cancelled stamps can make a difference. Christmas cards may soon be arriving! Please donate your stamps in the box located in the foyer of the church or by dropping them by the parish office. The money raised from the sale of the postage stamps goes to the Canadian Food for Children Mission Fund.

### Ukrainian Relief Fund:

In addition to praying for the situation, parishioners can contribute to the Ukrainian Relief Fund, which the Archdiocese has established to help suffering Ukrainians.

Parishioner are able to contribute online by going to: [www.archtoronto.org/en/contact-us/donations/donate-pages/donate-to-humanitarian-relief/](http://www.archtoronto.org/en/contact-us/donations/donate-pages/donate-to-humanitarian-relief/)



### St. Vincent de Paul

You can donate online to the Newmarket conference at:

<https://sjcses.blogspot.com/p/donate.html>

### Parish Giving

#### December 10th

Offertory	\$5,246.90
SES Building	\$1,565.00

#### Month of December PAG

(Pre-authorized Giving)

Sunday Offertory	\$3,959.72
SES Building Fund	\$ 400.00
ShareLife	\$ 272.00

## Ruminations ....

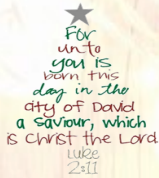
Growing up, I always hated shopping for clothes. It's not that it was that difficult. Let's face it, for most of my teenage years, it was adidas t-shirts and levis jeans, and adidas ROM sneakers. IN part, that was because there wasn't that much of a choice. My favorite t-shirt was a Beach Boys shirt for the album 'Endless Summer' with a famous 'End of the Trail' depiction on it. I was one of those unfittable kids – clothes never had the right sizes or proportions, and some of the pants had this awful and degrading 'husky' designation. It is no wonder that I grew up with a clothes size issue. Even when I was in judo, and the best shape of my life, I felt out of sorts. My grand aunts always said I had cyclist legs and a farmer's chest. I look back at pictures of my first year in the seminary, before desserts every night took their toll and I am amazed. I never considered myself anything but huge. Now this is not some therapeutic unloading. Eventually clothes were starting to be made for larger than average people. When the store 'George Richards' opened, they had shirts with extra length at the back for long torso people, and pants with a little bit more room in the legs to accommodate thighs, and shirts added extra sizes at the high end. It took a while and there was a period whenever I say a shirt in the right size I would buy it just because... Most people at one point or another have been on that roller coaster ride we call dieting. It is made all the more difficult with the messages we get from the food industry. Eggs are bad, no, now they are good. Get rid of fats, no there are good fats. Butter is bad and margarine is good, now that is reversed again. Fruit juices are good, no they are filled with sugar. Who knows any more, it is so confusing. You need a PhD to figure out what to eat. Well, it seems like this season of stars and angels has provided a 'fat angel', no not an obese angel – we call them cherubs, but rather an angel who can contend with fat. Now this Ruminations is a bit premature. At my last weigh in, I was ounces away from my mental target. Under the person we refer to as my 'fat doctor' – again he is not fat, but he is schooling me and making me accountable for what I eat, and apparently it is working. I have not been this weight since 1987. I am not at my judo fighting weight, but that's okay because I am not doing judo. The process has been incredibly easy and incredibly hard. It is easy in that I have never been that 'diet hungry' but it has been incredibly hard in terms of the restrictions, like no garlic mashed potatoes though all those restricted foods will return in moderation, with a great sense of controlled input, but alleluia they will be back. It is hard every time I pass a Pizza Pizza, or enter the grocery store as the Metro Bakery has the oven going and fresh bread coming out. It is incredibly hard when on hospital visits who pass the Subway Sandwich kiosk or the Druxy's Deli Bar. It is incredibly hard in early morning when you pass Tim Hortons and you remember the toasted bagel with cream cheese. But, every time I don my smaller waisted jeans, or my lower belt loop, or every time some one fails to recognize me right off, every time I catch a glimpse of my thinner self, I feel proud, and shocked, and happy, and fearful. It will be so easy to get carried away again. The whole journey has been an exercise in more resolve and self control than I ever thought I had. So my Christmas Angel has appeared and brought good news of great joy. Thank you Dr. Anthony. I am half the man I used to be, well not quite. I hope after Christmas to move into the next phase and my first treat will be a serving of garlic mashed potatoes and a bun.

*Fr. Roy*



## Announcements and Events...

### Christmas Mass Schedules



#### Christmas Eve Masses

Sunday, December 24th

4:30pm Family Mass

8:00pm Mass

#### Christmas Day Masses

Monday, December 25<sup>th</sup>

9:00am & 11:00am

Holiday Weekday Mass

There will NOT be Mass on Tuesday, December 26th

#### Sunday December 31st Feast of the Holy Family

9am and 11am

New Years Eve Mass

4:30pm

#### Solemnity of Mary, Mother of God

Monday, January 1<sup>st</sup>

9:00am & 11:00am

#### Epiphany of the Lord

Sunday, January 7th

Regular Scheduled Sunday Mass Times

#### Baptism of the Lord

Monday, January 8th

Regular Scheduled Mass Times

Thus Endth the Christmas Season



### Christmas Tree Sales

They are here and will be going fast. The Knights very much want to ensure that our parishioners get first pick and so if you are planning to wait, a word to the wise is to watch the Knights' lot as the trees get sold off.



### Week of Reconciliation

December 18 to 23, 2023

Monday, December 18, 2023

10:30 am - 11:30 (provided there is no funeral)

Tuesday, December 19, 2023

12:00 pm - 1:00 pm

Wednesday, December 20, 2023

4:00 pm - 5:00 pm

Thursday, December 21, 2023

7:00pm- 8:00pm

Saturday, December 23, 2023

2:30 pm - 3:30 pm

### Confirmation Candidates

Sign up in the foyer for the Cross Making workshop. This is a fun and mandatory part of the Confirmation preparations. There are two options;

Monday, January 15 & 22

**Or**

Wednesday, January 17 & 24.



### Let's Put on a Pageant

Our Children's Christmas Pageant is back, There is a sign up sheet in the Foyer.

Rehearsals will take place on

Monday, December 18, 6:00 pm - 7:00 pm and

Saturday, December 23, 11:30 am - 12:30pm.

Please arrive at 2:30pm on the Sunday so we can be ready for the Pageant to begin just before the 4:30 pm Christmas Eve Mass on Sunday, December 24.



### St. Elizabeth Seton Library

**Every topic under the Sun**

Our Library is filled with all kinds of books, seasonal stories, stories of Jesus, stories of the Saints, and important helps to those big issues we must all confront including Birth and Death, essential parts of our humanity, dealing with Loss and Grief. We also have stories about Truth and Reconciliation, War survivors, and lessons of how much we are loved by God. Check us out!

### Let us pray for the sick...

Alana Brown-Wallace  
Betty Loft  
Bruce Firth  
Kathleen Todesco  
Joshua Perek  
Donna Stea-Cutting  
Andy Dube  
Elizabeth Ryan  
Matteo Savella  
Jackson Rowan  
Carmen Baldacchino  
Mervin Correa  
Leo Cadia Vaz  
Orsola Accardi  
Aria Crang  
Andy Waldherr  
Mary Macdonald

E. Turnbull  
Paul Jennas  
Rose Marie Scott  
Wanda Tolazzi  
Sean Coen  
Chad Buckley  
Ana Aparicio  
Jake Tallon  
Victor Dumas  
Trice Hawkins  
Carole Carter  
Lawrence Cooper  
Candice Cusinan  
Cheryl Tuck  
Stephen Murphy  
Sarah Kraft  
Marian Kulmatytskyi

Laura Rostron  
Alexis Carvajal  
Jose Fonseca  
Albina Barber  
Santiago Garcia  
Hallie Lynn  
Morgan Leung  
Antonia Fabrizi  
Theresa Wharton  
Zeny Jose  
Tammy Elkie  
Marcus D'Mello  
Lisa Stokl  
Jeanette Barbosa  
Daniel Juresic  
Bernal Gutierrez  
Tessa Stone

# The Week of Reconciliation

## When was the last time you celebrated the Sacrament of Reconciliation?

Perhaps the most underrated and under used Sacrament is that of Reconciliation. They are myriads of reasons. At its heart, Reconciliation is about God letting us know that no matter how far we have strayed, no matter how bad we think we are, no matter how angry we think God is with us, it is never the case.

As a sacrament, reconciliation is absolute gift from God so that God can communicate the unconditional love that God lavishes on us. For that to happen though, we need to be brutally honest with ourselves. We have to discern the patterns and motivations that shape our day to day interactions with all kinds of relationships.

Most people will confess what they think are sin, but in reality are the symptoms of those things that laden our heart. When we get to the root of why we do what we do, we begin to gain insight and control as we recognize those inner motivations. The more we learn how to contend with them, we move into freedom, and freed is the point. Only in freedom can we love.

Most of us learned how to go in grade two, but our growth in understanding the Sacrament stalled at that level. A 'good confession' is one where we have looked at the list of things we consider sin, and then ask ourselves WHY. Why did I do that? What was the deep reason, not the first reason.

It doesn't matter how long it has been, the reality is that the patterns we live by follow us through life, so the same cause or motivation of sin from 40 years ago is likely the same patterns over this last week.

They say 'Confession is Good for the Soul'. If nothing else it is a tremendous source of personal growth and revelation when done well. That is why the Church offers two seasons to focus on 'metanoia' or change of heart. So muster up the courage to avail yourself of God's grace, reflect on the whys of the patterns of your interactions, and surprise yourself. "Tis the season.





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